

RESOURCE GUIDE



Office of
Mental Health



WESTERN SUFFOLK COUNTY

(Townships of Babylon, Huntington, Islip, Smithtown & Brookhaven)

This resource guide includes information about where you can find help in your local community. All the programs and services listed below allow you to self-refer and some may offer walk-in appointments. For additional services offered in Suffolk County, please go to www.suffolkstopaddiction.org

Crisis Services & Support

988 Suicide and Crisis Lifeline

If you are in crisis, experiencing emotional distress. Contact:
Call or text 988; Hours: Available 24/7

Suffolk County Crisis Hotline: 631-751-7500

Comprehensive Psychiatric Emergency Program (CPEP)

Stony Brook University Hospital
Address: 100 Nicolls Rd; Stony Brook NY
Contact: 24-hr psychiatric emergency room at 631-444-6050.

The Trevor Project

24/7 Crisis services for LGBTQ+ Individuals
Contact: 1-866-488-7386

NYS Domestic Violence Hotline:

1-800-942-6906

Family Service League Mobile Crisis

Offers 24/7 mobile services that provide in-community and telephonic support for individuals experiencing a crisis; Don't know what you need?
Contact: 631-952-3333

Intensive Crisis Stabilization Centers

24/7 voluntary program for individuals in crisis who are feeling overwhelmed due to substance use, mental illness and/or other life stressors. No appointment needed.

FSL Diagnostic, Assessment, and Stabilization Hub (DASH)

Address: 90 Adams Ave., Hauppauge, NY
Contact: 631-650-0110 for more information about services

CN Guidance & Counseling Services

Community Crisis Center
Address: 950 S Oyster Bay Rd, Hicksville, NY
Contact: 516-822-6111
Hours: Open 24/7/365

Mental Health Treatment & Rehabilitation

CN Guidance & Counseling Services

Integrated Counseling and Recovery Services Address:
950 South Oyster Bay Rd, Hicksville, NY Contact: 516-822-6111 prompt 3.

Open Access Hours: Tues 9-10:30am, Thurs 2:30-4pm

Bring photo ID & Insurance Card

Patient navigators for Medicaid assistance

Suffolk County Community Mental Hygiene Services

Farmingville Mental Health Clinic

Address: 15 Horseblock Place; Farmingville NY

Contact: (631) 854-2552

Walk-In Hours: Monday 9-11:30am

Phoenix House NY|LI

Brentwood Mental Health Clinic

Address: 1841 Brentwood Rd, Brentwood, NY Contact:

(631)601-1300

Walk-In Hours: Mon & Fri 10am-2pm

New Horizons Counseling Center Copiague Clinic

Address: 445 Oak St, 1st Floor, Copiague, NY Contact:

631-257-5173

Hours: Call for assessment Mon-Fri 9am-5pm

(No walk-ins)

Risewell Community Services

Wyandanch Certified Community Behavioral Health Clinic Call for appointment

Address: 240 Long Island Ave; Wyandanch NY 11798

Contact: 631-782-6200 x0

Hours: Mon-Thurs 8:30am-8pm, Fri 8:30am-4:30pm

Family Service League

- *Central Islip:* 320 Carlton Ave, Central Islip, NY

Contact: (631) 663-4300;

Walk-Ins: Tues 2pm-3:30pm & 6pm-7:30pm

(English) (Spanish)

- *Bay Shore:* 1444 5th Ave, Bay Shore, NY

Contact: (631)647-3100

Walk-Ins: Tues 12:30-2pm, Thurs 4-5:30pm

(Suffolk Residents Only)

Additional locations in Mastic, Mattituck, Riverhead & East Hampton

Yaphank Center

Call for appointment or walk-in for screening

Address: 31 Industrial Blvd, Medford, NY

Contact: 631-924-4411

Hours: Mon, Weds, Fri 8am-4:30pm, Tues, Thurs 8am-8pm

Peer Support Services

Association for Mental Health and Wellness

Peer Support Line

Contact: 631-471-7242 ext.1217 for one-to-one telephone mutual support.

Hours: Tues-Fri 10am-1pm

Hands Across Long Island (HALI)

Address: 159 Brightside Ave, Central Islip, NY

Contact: email: support@hali88.org or phone: 631-234-1925

Hours: Monday-Friday Drop-In 12pm-4pm

Peer Recovery Center: self-help groups, food pantry and more walk-ins; one to one with peer advocacy department with application

Hours: Mon- Fri 9am-4pm (Requires a 10 minute intake)

Risewell Community Services

After Hours Social Programs

Address: 465 Waverly Ave Patchogue, NY

Contact 631-447-6460 x2122

Hours: Thurs & Fri 5pm-8pm, Sunday 12pm-3pm

Or

Address: 1375 Akron Street Copiague, NY

Hours: Monday & Tuesday 5:00pm-8:00pm

WellLife Network—Club WellLife Drop in

Program Address: 55 Horizon Dr, Huntington, NY

Contact: 631-920-8075

Hours: Mon, Weds & Thurs 4pm-9pm.

Transportation provided if needed.

Addiction or Substance Use Treatment and Support

Outreach Outpatient Treatment

Address: 452 Suffolk Ave Brentwood, NY

Contact: 631-436-6065 - Call for appointment

Spanish speaking counseling available

Outreach Recovery's Integrated Opioid Treatment

Program Address: 998 Crooked Hill Rd; Bldg 5, West

Brentwood NY Contact: 631-521-8400

Hours: Mon-Sat 7am-2pm

St. Charles Hospital

Address: 200 Belle Terre Road Port Jefferson, NY

Contact: 631-474-6233 x1

Inpatient Detox, Rehab—Open 24/7

WellLife Network Addiction Recovery Services

Address: 55 Horizon Drive, Huntington, NY

Contact: 631-920-8000

Self-referrals welcome—Call for appointment

Contact: 631- 474-6233 631-474-6797

OASAS Hope Line

Crisis intervention support, and information regarding addiction and problem gambling assessments, interventions, treatment and support in NYS.

Contact: **1-877-8-HOPENY (467369)** available 24/7 or text HOPENY (467369).

12 STEP PROGRAMS

Alcoholics Anonymous (AA) 631-669-1124

Narcotics Anonymous 631-689-6262

Al-Anon 631-669-2827

Co-Dependents Anonymous 516-500-2632

Gam-Anon 718- 352-1671 Tues & Thurs

9-5 Overeaters Anonymous 505-891-2664

LI Gamblers Anonymous 855-222-5542



Other Services

Pax Christi Hospitality Center Hope House Ministries

Address: 255 Oakland Ave, Port Jefferson, NY

Contact: 631-928-9108 www.hhm.org

Haircuts: call for appointment

Showers available— no appointment needed 10am-12pm, and 1pm - 2:30 pm.

Soup kitchen 12 pm- 1 pm.

HALI Mobile Showers

Showers are available at the main office:

Hours: 12pm–3:30pm (No appointment necessary)

Address: 159 Brightside Avenue, Central Islip, NY

Phone: 631-352-7221

For the current schedule of the Mobile Shower Unit or to re-quest a stop, please email: support@hali88.org

Long Island Coalition for the

Homeless Safe Options Support (SOS)

Mobile Outreach Team that assists street

homeless individuals with accessing

housing

Contact: 631-464-4314 ext 170



RiseWell Community Services **Multiple Locations**

Patchogue Community Center

Showers and Laundry: Call first and make an appointment.

Address: 456 Waverly Avenue Patchogue, NY

Contact: 631-447-6460

Copiague Community Center

Address: 1375 Akron Street Copiague, NY

Contact: 631- 552-4240

Housing Support

Department of Social Services (Ronkonkoma Center)

Address: 3085 Veterans Memorial Hwy, Ronkonkoma, NY

Contact: 631-854-9700

Department of Social Services (Hauppauge Center)

Address: 200 Wireless Blvd, Ste 1, Hauppauge, NY Contact:

631-853-8714

Department Social Services— Emergency Services

Contact: 631-854-9100

Hours: Mon-Fri after 4:30PM, Weekends & Holidays

To find more mental health programs and services, visit our website at: www.omh.ny.gov



SUICIDE & CRISIS
LIFELINE



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